



Message 3:

## Fear

### FINDING YOUR FEARS

What if \_\_\_\_\_ happens?

### FACING YOUR FEARS

Joshua 1:1-9, 5:13-15 / John 14:23, 15:1-17 / 2 Timothy 1:7

Strength and courage come from the choices we make, more than the feelings we have.

*“Do not be afraid” 120 times and “Do not fear” 131 times!*

Obedience will always precede God’s blessing.

*God’s blessings are his presence and his provision.*

### Facing the fear of failure.

Luke 10:38-42

Q: Am I working against God, apart from God, or with God?

A: Truths to anchor your life in:

Psalm 139 / Ephesians 2:10 / 1 John 4:7-21 / Jeremiah 1:4-5 / Ephesians 3:16-19

- God is everywhere.
- God can’t leave me alone.
- God is still there when life is unfair.
- Our value is not found in who we are, but WHOSE we are.

### Facing the fear of money.

Philippians 4:11,12 / Hebrews 13:5,6 / 1 Timothy 6:6 / Proverbs 23:4,5 / Ecclesiastes 5:10,11

*A life free from excessive worry about money.*

*A life free from the endless pursuit of money.*

### Facing fear of death

John 14:1-6 / 1 John 5:12 / Romans 10:9-13

Two questions we all have to ask:

- ❶ Can I trust God with my life?
- ❷ What step of faith do I bet my eternity on?

### THE BOTTOM LINE

Romans 8:12-17 & 8:28

*Our confidence is not in Christ, but where we are in Christ.*

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### NEXT STEPS

*Use these notes to turn a message into a conversation. Join with one person or many and continue to grow by using these next steps this week.*

### MY STORY

We all face fears... What are some fears what you are currently facing? What do you think is the root of your fears?

Have you ever experienced God’s presence in the midst of a trial, problem or scary situation? If so, what was it like?

## GOING DEEPER

*True strength and courage in the face of fear are more about the choices we make than the feelings we have.*

Read Numbers 13:26 – 14:9.

What choices did Joshua and Caleb make that enabled them to stand with courage while others retreated in fear?

It's important for us to understand the difference between God's unconditional love that we can't earn or deserve and His blessings that have the condition of our obedience. Check out the following passages and jot down some blessings that God wants to give us and the part we play in receiving them.

Scripture	God's Blessing	Our Obedience
I Corinthians 10:13		
I John 1:9		
John 14:15-18		
John 15:14-17		

Our priorities often drive the extent of our financial fear, contentment, and generosity even more than the reality of whether we are prosperous or in need. How can the following verses help us keep a healthy perspective?

Deuteronomy 8:17-18

Proverbs 23:4-5

Luke 16:10-12

Jeremiah 9:23-24

The biblical reality: *life is short and we all eventually die* is meant to encourage us to regularly reflect on how we live. How do you see this reality reflected in the following verses?

Psalm 90:10-12

James 4:13-17

2 Corinthians 5:9-10

1 Corinthians 15:58

God's word reminds us **251** times to not fear or be afraid. We can be truly confident, strong, and courageous because of where we are in Christ.

Where are you in your relationship with Christ?

Are there fears that you need to turn over to Him?

## TAKING IT HOME

1. Is there anything from this week's message or study that can help you face a current or future fear?

2. Take a minute and ask God if there is any area where He would like you to obey Him.