



**Message 1:  
Temptation**

**Next Steps**

**Use these notes to turn a message into a conversation. Join with one person or many and continue to grow.**

**RECOGNIZE TEMPTATION**

**1 Corinthians 10:12-13, Hebrews 4:15**

**RUN FROM TEMPTATION**

**1 Corinthians 6:18, 1 Timothy 6:9-11, 2 Timothy 2:22**

**STAND STRONG AGAINST TEMPTATION**

**JAMES 4:7, 1 PETER 5:8-10, EPHESIANS 6:13**

**WALK WITH JESUS TO AVOID TEMPTATION**

**Matthew 11:29-30**

- Temptation offers us deceptive shortcuts to fulfillment. Below is a short list of temptations we regularly encounter. Take a moment and see if there are any others you would add. With each temptation write a potential reason for yielding to it. Cheating/Gossip/Over-spending/Sexual Impurity/Not working through conflict/Exaggerating the truth/Envy. What is your biggest temptation? Why?
- When it comes to resisting temptation, most of us don't plan on messing up our lives. Unfortunately temptation works subtly at taking us step by step to entice us into sin. King David experienced both this and the adverse effects firsthand. As you read his story in 2 Samuel 11, identify how he failed to put into practice the four steps to protect ourselves from temptation character from this week's message.
- Finding out God has been trying to get our attention or realizing that we are falling into temptation can be quite humbling and frightening to admit. What hope and incentive do the following verses give us when this occurs? Psalm 138:6 /Proverbs 18:12/ Isaiah 57:15 /Matthew 18:14 /James 4:6
- Wouldn't it be great if we could just snap our fingers and have temptation disappear? Unfortunately, it doesn't work that way. Look over the following verses and identify some additional strategies that help us avoid and overcome temptation. Psalm 119:11 /Luke 22:40 / James 4:7-8 /Hebrews 2:17-18 / 1 John 1:8-2:2
- How can what is said in 1 Peter 1:3-11 help you experience God's presence and flee temptation?