

The Back story:

The enemy

Isaiah 14, Isaiah 45, Job 1:6-12 James 4:1-10, Revelations 12:7-15

Jesus' Three Big Temptations: *Luke 4:1-14*

The Same Ones We Face

Who would he trust in a crisis?

Would he sell out to avoid pain?

Would he serve God or try to use God?

The truth about temptation

1. It is not a sin to be tempted .

Hebrews 4:15

2. Our temptations are never too strong to resist

1 Corinthians 10:13

3. When we're tempted – what we do reveals who we are

James 1:12-16, 1 Peter 1:6-7

4. The Holy Spirit empowers us.

Matthew 3:16-4:1, Philipians 2:13, Romans 7:18-8:9

5. The Bible instructs us.

Psalms 119:9-11, Ephesians 6:16, James 4:7, 2 Timothy 3:16-17, Proverbs 3:5-6

NEXT STEPS

Use these study questions to turn a message into a conversation. Join with a life group and continue to grow by using these study questions this week.

MY STORY

1. What's your response to the fact that Jesus was tempted just like you are?

2. "If it feels good, it can't be wrong" is a powerful lie the Enemy uses to tempt us. It offers deceptive shortcuts to fulfillment. Below is a short list of temptations we regularly encounter. Next to each temptation write what we consider to be a benefit of giving into that temptation followed by what we lose.

Temptation	What do we "gain" by giving in?	What do we lose by giving in?
Cheating		
Gossip		
Over-spending		
Sexual Impurity		
Not working through conflict		
Exaggerating the truth		
Harsh Words		
Any others you can add?		

DIGGING DEEPER

1. The Enemy is an amazing strategist and deceiver when it comes to tempting us. This week we saw how the Enemy strategically tempted Jesus on multiple levels. Genesis 3:1-13 is the first story in history of the Tempter in action going after Adam and Eve. As you read this story, make a list of how the first “yielding to temptation event” resulted in a domino effect of multiple compromises.

Have you ever experienced a similar domino effect in your own life?

2. None of us want to be known as the person who’s blowing it. Realizing that we are giving in to temptation can be quite humbling and frightening to admit. What hope and incentive do the following verses give us when this occurs?

Proverbs 18:12

Isaiah 57:15

Hebrews 4:14-16

James 4:6

3. How does Galatians 6:1-5 show us how to help those who are asking for help to overcome temptation they have given into?

TAKING IT HOME

To prevent ourselves from falling into temptation, we need to set up safeguards to resist and avoid temptation. We also may need to develop strategies to help us flee from temptation.

Can you think of any safeguards or strategies you have seen others use or you yourself have in place to resist and/or avoid temptation? If so, explain.

Are there any specific areas of temptation you need prayer for to resist and/or avoid?

PRAYER REQUESTS