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# Three necessary requirements for forgiving myself

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Forgiv for my		equires creating a new

God has a purpose for my past.

### **NEXT STEPS**

Use these study questions to turn a message into a conversation. Join with someone and continue to grow by using these study questions this week.

It is God's desire that every believer live a victorious life. Yet, God knows that there will be times when we will fail, miss the mark. His grace provides a way for us to be forgiven and be right with God.

## 1. Circle key words and phrases in the following Scriptures.

My dear children, I write this to you so that you will not sin. But it anybody does sin, we have one who speaks to the Father in our defense—Jesus Christ, the Righteous One. 1 JOHN 2:1

For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet was without sin. Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need. **HEBREWS 4:15-16** 

He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy. PROVERBS 28:13

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. 1 JOHN 1:9

Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the LORD" and you forgave the guilt of my sin. PSALM 32:5

As far as the east is from the west, so far has he removed our transgressions from us. PSALM 103:12

# 1 John 2:11 John 1:9 Hebrews 4:15–16 Psalm 32:5 Proverbs 28:13 Psalm 103:12 3. Memorize 1 John 1:9 4. Do a verse study of 1 John 1:9 List two key words and define them. What does the verse say? (Paraphrase—Rewrite the verse in your own words.) How can you apply the truth of this verse to your life today?

2. What do we learn about forgiveness in:

## THE PURPOSE OF LIFE GROUPS

Life Groups exist to promote spiritual maturity and personal growth through meaningful Christian relationships and the study of God's Word. (Romans 8:29 & Hebrews 10:24-25). Here's how it will happen.

#### SHARE

Each week we'll take time to share what is happening in our lives. At first this sharing will include planned "sharing questions." But after the first few weeks, it will become more informal and personal, as we feel more comfortable.

#### STUDY

Each week we'll study a section from God's Word that relates to the previous weekend's message or an appropriate personal growth topic. Our goal is to learn how to live out our Faith in Christ in everyday life.

## **SUPPORT**

Each week we'll learn how to take care of one another as Christ commanded (John 15:9-13). This care can take many forms, such as prayer, encouragement, listening, challenging one another and meeting real needs.

#### **SERVE**

Spiritual growth is fostered not only by what we gain through the support and input of others, but also through service to others. The role each of us fills is important to the health of the church and for us to be the hands and feet of Jesus to the community ir which we live (Ephesians 4:11-16). Throughout the quarter it is our hope that you can find and/or be affirmed in the ways God has designed you to serve and make a difference in God's Kingdom.