

NOTES

Digging Deeper

1. This week Jerad talked about how, while we were created for the forever kingdom, we so often spend our lives pursuing or engaging in practices that yield short-lived rewards. This leaves us ultimately feeling empty and unfulfilled. What is something in your life currently that you spend too much of your time doing that has little to no fulfilling or eternal reward?

Pray a prayer asking God how you might address this deceptive habit and rest in his presence until you feel a tug of a response. Then reflect and list 5 practical steps to breaking these deceptive habits below.

- 1.
- 2.
- 3.
- 4.
- 5.

2. Going into this new year, how might you commit yourself to creating Kingdom habits of faith, hope and love? Which of the three do you find you need more help with?

Pray a prayer asking God how you might enact more *Kingdom habits* in your life and rest in his presence until you feel a tug of a response. Then reflect and list 5 practical steps to establishing these Kingdom habits below.

- 1.
- 2.
- 3.
- 4.
- 5.