

Going Deeper

This week “Going Deeper” will look a little different giving you the opportunity as a Life Group to practice meditating on Scripture together.

Prepare: As you prepare to read the following passage, ask the Lord to speak to your heart and draw your attention to whatever truth He wants you to dwell on from the passage.

Read: The Lent reading for the day your Life Group meets. You may choose to read the passage more than once and perhaps in multiple versions. For Lent we used the New Living Translation.
(www.seekreallife.com/lent.php)

Reflect: Write down a word or phrase of truth from the passage that the Lord would like you to sit with. You could also write down a response to the “Reflect” question that goes along with the Lent reading. As you go through the rest of your day, continue to dwell on this thought and talk with Jesus about it.

Respond: Jesus desires for us to not just be hearers of the word but to do what God reveals to us. As God begins to speak to you through His word, what is He asking you to do?

Meditating on Scripture allows us to deepen our intimacy with God. This is a natural result from our shared time together. What steps are you taking to grow in intimacy with God?

Have you ever memorized Scripture? What has been your experience?

THE LENTEN SEASON

Luke through Lent

Every day until Easter we are reading the book of Luke together. As we read through Luke you may have questions or insights that the Holy Spirit gives you. Consider sharing your questions or insights on our social media pages and we get the opportunity to grow together as a community as we read God’s word together. Join the conversation: www.seekreallife.com... just click the “social media” tab in the top right and you’re on your way!

Friday Fast

Each Friday you are invited to join Pastor Jeff to fast one meal. Together we will focus on a selected passage of scripture, have a shared prayer focus and an attribute of God to meditate on. Sign up to receive weekly fasting updates by subscribing to the Real Life blog (<https://seekreallife.wordpress.com>) or sign up for email updates at office@seekreallife.com.

Best Year Ever Prayer

Lord Jesus,

*I pray that you would work in me
that I might reflect you more.*

*I pray that you work for me
that I may be blessed by you.*

*I pray that you work through me
that I may be an instrument of your love and grace.*

*I give you permission to work in me, for me, and through me
according to your purpose.*

Amen