

Does God still speak?

Genesis 3:8; Jeremiah 29:12-14; Proverbs 8:17; John 10:1-16

The Bible is not a book of exceptions; it's a book of examples!

Removing static.

Discover the "center line" – Peace Colossians 3:15

Desire Hebrews 4:14 –16

Identify the static – Sin Psalm 26:2; 139:23-4

* Active *passive (see prayer guide insert)

- **Repent** Psalm 51

- **Rebuke** James 7:7-8

- **Replace** Romans 12:1-2

- **Receive** 1 John 3:21-24

Enter the low gate of the cross to find the High way of God.

- ◆ **Peace, Personal intimacy, Clarity, original design**

Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus and His church by joining one today!

www.seekreallife.com/groups

My Connection

Was there something that caught your attention, challenged, or confused you from Sunday's Message?

How would you describe your prayer experience growing up?

For you, what is the toughest thing about prayer?

Digging In

At the core, prayer is simply having a conversation with God. Like all communication, it involves talking and listening. However a big barrier to hearing from God is our sin.

Read Psalm 139. (specifically verses 1 and 23-24)

Have you ever asked God to examine your heart to see if there are things that are offensive to him? Why or why not?

What if you considered asking a close friend or spouse to examine your life? Could such examining be a challenge? Could it be beneficial?

For David to ask this of God required relationship and trust. Take a couple minutes and ask God to examine your heart...

Jot down a few things God reveals to you through prayer and possibly share these with your group for prayer and encouragement:

Read 1 John 1:5-10.

1 John 1:9 is a key passage to understanding how we're to live in the light of Jesus through confessing our sins to him. Confession is taking what is hidden and bringing it into the light. John helps us understand that God is a safe place to shine light into the dark corners of our life.

According to this passage we read in 1 John, what does God do as we take this crucial step of confession?

The Psalms are a collection of ancient songs that poetically express the experiences of people walking with God throughout ancient history.

Read Psalm 32.

Are there any parts of this Psalm that resonates with you when it comes to your experience of forgiven sin?

The joy of realized forgiveness is unbeatable! It's what God wants us to experience as a gracious gift from Him and to freely give this gift of forgiveness to others. This can be very difficult especially if the injustice and deep hurt against us is great. Yet learning to forgive teaches us how to live freely and lightly.

How do the following verses help us move forward and grow in our ability and motivation to forgive?

Matthew 18:21-35

Luke 7:36-50

Colossians 3:12-14

What challenges do you find in forgiving others?

Praying Together

Take some time to list below what is weighing down your heart and bring it to God in prayer:

*"Give all your worries and cares to God, for he cares about you."
- 1 Peter 5:7 (NLT)*