

Prayer is a conversation. Luke 11:1-13

Prayer is not a formula or performance to get what you want.

The Lord's Prayer priority list:

- Relationship

- Greatness

- Sacredness

- His will / plan is most desired

- Our needs: physical, emotional, spiritual.

- Forgiveness: us and them.

- Protection

Good conversations:

- Happen regularly
- Are real
- Heart felt
- Go both ways

Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus and His church by joining one today!

www.seekreallife.com/groups

My Connection

There are many ways you can talk with God. How many can you come up with?

How do you usually pray? (eg. alone? with family? using scripture or songs? written lists of praise and requests? out loud? in your head? in a journal? etc.)

This Sunday's message focused on the Lord's Prayer where we had an opportunity to put Jesus' prayer into our own words.

Would you like to share with the group all or a portion of your prayer?

Digging In

Read Matthew 6:1-18 and circle and/or count how many times Jesus says the word "Father".

Jesus uses "Father" as his choice word to refer to God... not just here but over 200 times in Scripture. (I think he wants to drive a point home here.)

Have you ever began praying by saying "Our Father"? How do you usually begin your prayer?

How can it change how you think of God when you address him as Father, or dad, or daddy?

When looking over the Lord's Prayer (Matthew 6:9-13), what part speaks the most powerfully to you?

Read Matthew 6:5-8.

Have you ever seen people pray in a similar way? How did it make you feel?

What does God see and who does he reward? From this reading, is there a right and a wrong way to pray? Explain.

Read the following verses and write what you learn about prayer from them:

1 Thessalonians 5:16-18

Ephesians 6:18-20

Colossians 4:2-6

Philippians 4:6-9

What connections do you see between the prayer laid out by Jesus in Matthew 6:9-13 and the above passages?

My Lord's Prayer

This, then, is how you should pray: Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as it is in heaven. Give us today our daily bread. Forgive us our debts, as we also have forgiven our debtors and lead us not into temptation, but deliver us from the evil one.

- Matthew 6:9 -13 (NIV)

Relationship:

Greatness:

Sacredness:

His will:

Our needs:

Forgiveness:

Protection: