
Getting connected. John 15:1-11; Ephesians 2:6-10

- Abide
- Sit
- Silence

When I abide in silence, it reduces my stress level.
Isaiah 30:15; Lamentations 3:28; Psalm 46:10

When I abide in silence, it empowers my communication.
James 1:19

When I abide in silence, my sensitivity increases.
Proverbs 25:11-13

When I abide in silence regularly, I will grow in my relationship
with God. Psalms 62:1-5; Ecclesiastes 5:7; Psalm 46:16-19

Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus and His church by joining one today!
www.seekreallife.com/groups

My Connection

Was there something that caught your attention, challenged, or confused you from Sunday's Message? If so, describe...

People who talk to God tend to spend the most time praying for these five things listed below. Take a moment and consider your prayer tendency then rank these prayers 1-5 from "most likely to talk with God about" (1) to "least likely to talk with God about." (5)

___ Guidance

___ Protection

___ Deliverance

___ Provision

___ Success

Does this ranking ever change around for you? Why?

Do you have something you talk with God about regularly that isn't on this list?

Which topic do you have the hardest time talking with God about? Why?

Digging In

Read Luke 10:38-42.

What makes Martha so upset and frustrated?

What was the “one thing” Jesus said is worth being concerned about?

Have you ever been so busy that you missed what was important?

How important do you think it is to “sit” with Jesus and listen to what He is telling you? How can you do this today?

Read John 15:1-12. As you read, circle “remain” or “abide” every time you see it.

What does Jesus say will happen if we remain in him?

What kind of fruit does “remaining in Jesus” produce? (See *Galatians 5:19-26* for further reading on the fruit God desires to produce in our lives)

What does abiding or remaining in Jesus look like in your life today?

In his letter to the church in Ephesus, Paul considers his great personal sacrifice of being imprisoned for the sake of sharing the good news of Jesus when he writes his prayer.

Read through his prayer in Ephesians 3:14-21 as your prayer for your group and our church. God is able to accomplish infinitely more than we might ask or think!

Making Room to Hear God.

(A time of silence)

My dear Lord Jesus, I come to you now to be restored in you, renewed in you, to receive your life and your love and all the grace and mercy I so desperately need this day.

I will stop all striving and effort on my part.

I will abide in you right now

God, I am listening

What do you wish to say to me?