

Recap:

Remove Static

1. Discover the “center line” of Peace. Colossians 3:15
2. Identify the static or sin then Repent, Rebuke, Replace, Receive. Psalm 26:2; 139:23-4.
3. Peace, Personal intimacy, Clarity, Original design.

Prayer is a Conversation: it is not a formula or performance to get what you want. Matthew 6:5-13

Getting connected: Abide, Sit, Silence. John 15:1-11, Ephesians 2:6-10

Active listening: Meditation on God’s word.

Easy conversations require: Philippians 3:7-11, 4:4-6; James 4:7

- o Quality time
- o Quantity time
- o Challenge interruptions
- o Talk about everything
- o Show gratitude in all things

Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus and His church by joining one today!

www.seekreallife.com/groups

My Connection

Was there something that caught your attention, challenged, or confused you from Sunday’s message? If so, share...

Over the last five weeks we’ve learned about listening and talking with God. What are you beginning to put into practice or would like to start to put into practice about prayer from our study together?

Digging In

In Luke 11, one of Jesus’ disciples asked him to teach them to pray. Jesus then gave a brief prayer as an example. The Bible is full of conversations with God that we can use as examples to help us grow in prayer.

Read Nehemiah 1:4-10.

Nehemiah’s prayer is beautifully structured and can be another way to approach God in our prayers. Read this prayer again and try writing a similar prayer next to these headings in your own words.

Adoration (v. 5):

Opening Petition (v. 6a):

Confession (vv. 6b-7):

A petition for the community (vv. 8-10):

A personal request (v. 11):

