
Prayer: Acknowledging God's presence.

Psalm 139:7-12 | John 11:41-42

Q: Do you talk about praying or do you pray?

Conversation with: God

Matthew 6:9-15 | Mark 14:36

Talk about everything.

Philippians 4:4-7

His presence brings:

Philippians 4:4-7 | Colossians 3:15

- Peace
- Power
- Direction

My Response:

- Start
- Be Real
- Be open
- Listen

Most of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus and His church by joining one today! www.seekreallife.com

Share your Story

What is the best answer to prayer that you've ever received? How did it affect your relationship with God?

What is your biggest barrier to talking with God? Why?

What insight, question, or resolution did you discover about prayer from the message on Sunday?

Connect to God's Story

Read Psalm 5:1-3

Is there something you are currently praying for that God has apparently not yet answered? What do you do when this happens?

Read 1 Peter 5:6-7 & re-read Psalm 5:3

Why is it important to wait expectantly after bringing our cares to the Lord?

The Lord's Prayer Guide

What role does humility play in waiting?

Why does Peter direct us to give our worries & cares to God? Why might this be an important truth to anchor our faith in as we journey with Jesus?

Read Philippians 4:6-8

How do you counter worry in your life?

Paul gives us a HUGE key to finding peace in our lives. Peace is found in talking with God about everything, telling Him what we need, and thanking Him for all He's done.

Have you ever applied the truth of this passage to your life? If so, what happened? If not, do you want to try it out now?

Read 1 John 5:13-15

Take some time with your group to pray for any requests that may have left you feeling confused, uncertain or even unheard. Be open and honest with God. He can handle it! Ask Him to help you examine your heart, your motives and your faith. Ask Him for a willingness to hear His answer, whatever it may be, and to trust in His goodness and His wisdom.

**Do not be anxious about anything, but in everything,
by prayer and petition, with thanksgiving,
present your requests to God.**

- Philippians 4:6 (NIV)

Matthew 6:9-15 (NLT)

Pray like this:

Our Father in heaven, may your name be kept holy. May your Kingdom come soon. May your will be done on earth, as it is in heaven.

vs. 9-10: you are my Father, you are in charge

Give us today the food we need,

vs. 11: I have needs, please meet them

and forgive us our sins, as we have forgiven those who sin against us.

vs. 12: I make mistakes forgive me

vs. 12: others harm me, empower me to forgive them

And don't let us yield to temptation, but rescue us from the evil one.

vs. 13: I am tempted, protect me and strengthen me

If you forgive those who sin against you, your heavenly Father will forgive you. But if you refuse to forgive others, your Father will not forgive your sins.

vs. 14: Protect me from pride and inaction

Notes:
