Series: RE: Renew   Rebuild   Restore Message: Rest to Renew	September 3, 2017	Notes:
Rest?		
Rest impacts body, mind, spirit, relation Genesis 2:1-2   Matthew 11:28-29   Psalm 46:10		
Margin: the amount available beyond	what is necessary	
What matters that is missing?		
Intimate time with God. Matthew 6:33		
Intentional times of rest.  Matthew 11:28-29		
What does God need to renew in you?	·	Praying Together  Take some time to list below what is weighing down your heart and bring it to God in prayer:
God will renew your <u>spirit.</u> Psalm 51:10   Psalm 57:7		
God will renew your <u>strength.</u> Isaiah 43:31   Isaiah 61		