
All fear is learned.

Living fear{less} requires unlearning:

Irrational fears, misconceptions and lies.

Matthew 5:38-44

The beginning place is the Fear of the lord.

Proverbs 1:7 | Proverbs 9:10 | 1 John 4:18

- Fear: Understanding who God is
- Wisdom: knowledge applied to life.

Steps to fear{less}

Proverbs 3:5-6 | Proverbs 4:18 | Proverbs 1:33 | Isaiah 55:6-11 | Psalm 19:9

1. Acknowledge the fear.
2. Unlearn the misconception or lie in light of God's truth.
3. Apply the wisdom of God's truth into the practice of my life.

Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus & His church by joining one today! www.seekreallife.com/groups

Share your story

What insight, question, or resolution did you discover from our time of worship together on Sunday?

What was your greatest fear from childhood? Does it still haunt you today? If not, how did you master it?

What's your greatest fear today? What do you think lead you to that place of fear?

Connect to God's story

To "fear the Lord" is to live in awe and reverence of all that God is (his holiness, righteousness, justice, love, mercy, grace, compassion, patience, etc.) which leads us to respond in trust and obedience.

Read Psalm 111:10.

What is foundational to true wisdom? Why do you think the "fear of the Lord" is an important place to begin?

How do you grow in wisdom? How does life typically go for people who don't grow in wisdom?

Read the following passages and then write down what you learn about the "fear of the Lord":

Proverbs 1:7 –

Proverbs 1:24-33 –

Proverbs 2:2-6 –

Proverbs 8:12-14 –

Proverbs 9:10-12 –

Proverbs 10:27 –

Proverbs 14:26-27 –

Proverbs 15:16 & 33 –

Proverbs 16:5 –

Proverbs 19:23 –

Proverbs 22:4 –

Proverbs 23:17-18 –

Look over what you wrote and spend some time talking with the Lord about what you've read. What are ways you can respond this week to the Lord in trust and obedience?

***Fear of the Lord is the foundation of wisdom.
Knowledge of the Holy One results in good judgment.
- Proverbs 9:10 (NLT)***

Together in prayer.

As a church, let us come together in prayer.

- ◆ Pray for the continued work of the Holy Spirit from Ladies retreat.
- ◆ Pray for a positive response for our community for all our summer impact events.
- ◆ Pray for opportunity in your life to speak life, pray for courage and wisdom to make the most of every opportunity.
- ◆ Pray for our city! For God to reveal Himself in transforming ways.
- ◆ Pray for the bids on the scheduled work on the remodel of our new building.
- ◆ Pray for the city planning meeting approval of proposed renovations of our new building.
- ◆ Pray for the one. May God draw each person into a living relationship with Himself.
- ◆ Pray for my next step in reaching the one I am praying for.
- ◆ Pray for boldness to reach our community with the love of Jesus.

Notes:
