
Guard your heart. Proverbs 4:23

The big three we know: worry, anxiety, fear.

Matthew 6:31-34 | John 16:32-33 | John 10:10

The secret attack.

Active: Jealousy, blaming, anger, manipulation. Distrust, manipulation.

Passive: Resentment, timidity, defeat, arrogance, victimization., self-hatred, compliance , distrust.

Trust struggles: Pace of our lives, Disappointment, Spiritual blindness. Luke 24

Guarding my heart.

John 16:32-33 | Psalm 139:23 | Romans 8:28 | Proverbs 3:5-6 | John 6:40 | Colossians 3:15

- **Stop** bad input. **Do** feed your faith (the good).
- **Stop** filling time with low priorities. **Do** prioritizes what is important, positive, Spirit led.
- **Stop** wavering in decisions. **Do** make confident decisions; if wrong, God will help you make it right.
- **Stop** being a different person depending on who you are around. **Do** live honestly and real rather than trying to be perfect.
- **Stop** trying to impress other people. **Do** seek to be a blessing.
- **Stop** imagining future problems, hardships and arguments. **Do** reflect on how God is working for your good.
- **Stop** isolating yourself. **Do** spend time with others fighting the same thing and seek God together (worship).
- I must surrender my past / present / future to the authority of Christ.

God is greater than what you are going through.

God is able to see you through.

My Prayer for 2019

My Lord and Savior Jesus, thank you for your gift of grace to me. My soul hungers for you. I want to know you – not just intellectually, but relationally. I give you permission to tear down every false thought, every lie, and every stronghold the Enemy has established within me.

I will pursue my relationship with you with my whole heart. I will hold nothing back from you. I am open and willing to receive the good things you have planned for me.

I ask:

Work your good in me so that I might reflect you more.

Work your good for me so that I might receive all that you intend for me.

Work your good through me so that all around me, people will experience your love and goodness and be drawn to you.

I am open and ready for all you will do in, for, and through me.

I love you, Jesus.

Amen

Together in prayer.

As a church, let us come together in prayer:

- Pray for kitchen remodel to go smoothly.
- Pray restoration work to be completed.
- Pray for the one. May God draw each person into a living relationship with Himself.
- Pray for a heart that is responsive to need around you.
- Pray for the ongoing funding of the building project.
- Pray for our Summer impact to Kids, students and adults.
- Pray for our city! For God to reveal Himself in transforming ways.
- Pray for boldness to reach our community with the love of Jesus.