
Are you the one in ten?

Luke 17:1-10

Remember who you are standing before.

Luke 18:9-14

Humility toward God.

Humility toward others.

Why it is so hard to maintain:

Five Enemies of Gratitude:

(1) Comparison

(2) Entitlement

(3) Pride

(4) Bitterness

(5) Shortsightedness

Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus & His church by joining one today! www.seekreallife.com/groups

Share your story

What insight, question, or resolution did you discover from our time of worship together on Sunday?

What are a couple of things you would like to thank God for today?

Who are you most thankful for today?

Connect to God's story

God has designed us so that we best operate from a perspective of thankfulness. Our foundation of thankfulness best flows from knowing and remembering the benefits we receive from God.

Read Psalm 103.

Write all the benefits you see from this passage we receive from God that can result in our thankfulness:

How does remembering what God has done in history—not just your own life, but in the lives of those who have walked faithfully with Him—encourage you?

We've all found ourselves, at some point, falling into the trap of not showing gratitude.

Read Luke 17:11-14.

Which of the following gratitude roadblocks could most likely become a barrier for you?

- Not realizing all I have been given.
- Taking for granted what I know I have.
- Chip on my shoulder / Holding a grudge.
- Not being where I want to be in life.
- Not getting what I ask for.
- I deserve it.
- God still hasn't answered my prayers.
- No one thanked me.
- Taking the time to say thank you.
- Other:

Take some time to confess your particular gratitude roadblock to the Lord that He has revealed to you. Then, for about a minute, write the things you're thankful for in the following three categories:

- Your relationship with others:

- Your relationship with God:

- The things God has blessed you with:

The song "10,000 Reasons" helps us recognize and praise God for who He is and what He has done. Take some time this week to thankfully worship God with this song. If you don't have it, you can find a YouTube version of this song here: <https://rlc.pub/reasons>

**So humble yourselves under the mighty power of God,
and at the right time he will lift you up in honor.**

- 1 Peter 5:6 (NLT)

My Prayer for 2019

My Lord and Savior Jesus, thank you for your gift of grace to me. My soul hungers for you. I want to know you – not just intellectually, but relationally. I give you permission to tear down every false thought, every lie, and every stronghold the Enemy has established within me.

I will pursue my relationship with you with my whole heart. I will hold nothing back from you. I am open and willing to receive the good things you have planned for me.

I ask:

Work your good in me so that I might reflect you more.

Work your good for me so that I might receive all that you intend for me.

Work your good through me so that all around me, people will experience your love and goodness and be drawn to you.

I am open and ready for all you will do in, for, and through me.

I love you, Jesus.

Amen

Together in prayer.

As a church, let us come together in prayer:

- Pray for the one. May God draw each person into a living relationship with Himself.
- Praise God! Drywall and the majority of the painting done.
- Pray for construction timeline that things continue to move on time.
- Pray for a heart that is responsive to need around you.
- Pray for the ongoing funding of the building project and for the safety of all workers involved.
- Pray for our city! For God to reveal Himself in transforming ways.
- Pray for boldness to reach our community with the love of Jesus.