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Proverbs 4:23

### **Peace**

John 12:27 | Philippians 4:6-7

- For you
- For every circumstance
- To give to others
- It is a reservoir

### **Power**

Acts 1:8 | Isaiah 40:29-31

- In all things
- Over all things

### **Joy**

Psalms 16:8-9 | Philippians 4:4-5

- Overflowing
- Life giving

*Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus & His church by joining a Life Group today!*  
**[www.seekreallife.com/groups](http://www.seekreallife.com/groups)**

### **Share your story**

What insight, question, or resolution did you discover from our time of worship together on Sunday?

Who has God brought into your life that has been a refreshing wellspring for you? Why are these people so important?

What qualities do you look for in a true friend? Are these the qualities you desire to obtain?

What's the best thing about a close friendship? What's the hardest?

### **Connect to God's story**

What do each of the following proverbs say about friendship:

**Proverbs 17:17** –

**Proverbs 18:24** –

**Proverbs 27:6** –

**Proverbs 27:17** –

Have you ever had to repair a broken friendship? How did you repair your relationship?

**Read Philippians 2:1-4.**

What is the relationship goal that Paul desires to see?

Do you ever struggle with what Paul refers to here in your relationships?

**Read Philippians 2:5-11.**

What was the attitude Jesus had?

Is your life's goal to have the same attitude as Jesus? Are you following Him? What makes this so difficult?

*Sunday was Mother's Day. John records how much Jesus loved his mother and wanted her cared for in his absence (**John 19:26-27**). Consider taking some time and writing a note to your mother or to a significant woman in your life telling her how valuable she is to you. Then take the next step and show this appreciation by putting those words into action this week!*

**Above all else, guard your heart,  
for it is the wellspring of life.**

**- Proverbs 4:23 (NIV)**

**My Prayer for 2019**

My Lord and Savior Jesus, thank you for your gift of grace to me. My soul hungers for you. I want to know you – not just intellectually, but relationally. I give you permission to tear down every false thought, every lie, and every stronghold the Enemy has established within me.

I will pursue my relationship with you with my whole heart. I will hold nothing back from you. I am open and willing to receive the good things you have planned for me.

I ask:

Work your good in me so that I might reflect you more.

Work your good for me so that I might receive all that you intend for me.

Work your good through me so that all around me, people will experience your love and goodness and be drawn to you.

I am open and ready for all you will do in, for, and through me.

I love you, Jesus.

Amen

**Together in prayer. 30 days of prayer.**

*As a church, let us come together in prayer:*

- Pray for kitchen remodel to go smoothly.
- Praise for the parking lot getting sealed and striped.
- Pray for continued work— to complete remaining projects on the building.
- Pray for the one. May God draw each person into a living relationship with Himself.
- Pray for a heart that is responsive to need around you.
- Pray for the ongoing funding of the building project and for the safety of all workers involved.
- Pray for our city! For God to reveal Himself in transforming ways.
- Pray for boldness to reach our community with the love of Jesus.