
Guard your heart. Proverbs 4:23

Your heart is under attack.

John 10:10 | John 8:44 | 1 Peter 5:8

The roots of jealousy and comparison are:

Matthew 20:1-16

- Not accepting the fullness of God's love.
- Not trusting God.

How to guard your heart:

Proverbs 3 | Isaiah 1:18 | Psalm 13:1-6 | Matthew 6:33 | Romans 5:6-11 |
Psalm 103:17 | Psalm 8:3-5 | Romans 8:38-39 | Psalm 27:1 |
Deuteronomy 7:7-9 | John 15:16-17 | Psalm 136:1

- Revelation from God.
- Affirming God's love for you.
- A trust in God that acts.
- Generosity.
- Actively pray for God's blessing for someone else.
- Celebrating.

Today:

- Examine
- Reject
- Confess
- Forgive

Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus & His church by joining a Life Group today!
www.seekreallife.com/groups

Share your story

What insight, question, or resolution did you discover from our time of worship together on Sunday?

Why do you think jealousy rears its ugly head in our relationships? What do you do when you spot jealousy in yourself? In others?

Have you ever been surprised when you see you've been caught in the trap of jealousy? What do you do to combat the temptation to be jealous?

Connect to God's Story

Read Romans 1:1-4.

All of us have experienced jealousy to some degree. At times we're jealous of others and at times it's directed toward us. Read the following verses and write down how Jesus responds to the jealousy revealed in his followers:

Luke 10:38-41 –

Mark 10:35-45 –

John 21:18-22 –

Read Proverbs 14:30 & 27:4.

What are the truths these proverbs point out that you typically find in jealousy?

Have you ever thought of jealousy as being the opposite of having peace in your heart?

Why would the author say jealousy is even more dangerous? Have you ever seen the danger that accompanies jealousy?

Read Romans Galatians 5:19-26 & 1 John 1:9

Paul contrasts the fruit our flesh produces and the fruit the Spirit can produce in our lives. What do you do when you realize the fruit your life is producing is not what you want to produce?

When you find yourself producing deadly & damaging fruit, what encouragement and hope does Paul and John give us?

Take some time to thank God that he can clean us from the ugly trap that our sin can be entangled in. As we confess our stuff to Him, He will ALWAYS make us clean...Hallelujah! Praise the Lord!

**So, get rid of all evil behavior.
Be done with all deceit, hypocrisy,
jealousy, and all unkind speech.**

- 2 Peter 2:1 (NLT)

My Prayer for 2019

My Lord and Savior Jesus, thank you for your gift of grace to me. My soul hungers for you. I want to know you – not just intellectually, but relationally. I give you permission to tear down every false thought, every lie, and every stronghold the Enemy has established within me.

I will pursue my relationship with you with my whole heart. I will hold nothing back from you. I am open and willing to receive the good things you have planned for me.

I ask:

Work your good in me so that I might reflect you more.

Work your good for me so that I might receive all that you intend for me.

Work your good through me so that all around me, people will experience your love and goodness and be drawn to you.

I am open and ready for all you will do in, for, and through me.

I love you, Jesus.

Amen

Together in prayer.

As a church, let us come together in prayer:

- Pray for kitchen remodel to go smoothly.
- Pray for continued work— to complete remaining projects on the building.
- Pray for the one. May God draw each person into a living relationship with Himself.
- Pray for a heart that is responsive to need around you.
- Pray for the ongoing funding of the building project.
- Pray for our city! For God to reveal Himself in transforming ways.
- Pray for boldness to reach our community with the love of Jesus.