God knows you and knows your story. Psalm 139:1-24

Your past matters.

God math regarding your past:

- 1. God's grace is greater than your biggest sin. 1 John 1:9 | Jeremiah 31:34
- 2. You are not the sum total of everything you have done. You are who God <u>says you are</u>. 2 Corinthians 5:17.
- 3. Your <u>future</u> in Christ is greater than your <u>past</u>. Philippians 3:12-17

Your past, the good, bad, success, and failure is what God will use to do <u>the good</u> (in, for and through you) He has planned. Proverb 24:16 | John 4:6-42

Life Group Study

For week of October 6, 2019

Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus & His church by joining one today! **www.seekreallife.com/groups**

Share your story

October 6, 2019

What insight, question, or resolution did you discover from our time of worship together on Sunday?

If you are at the zoo, what animal do you enjoy watching the most? Why?

We all have stories we could tell; what helps you feel comfortable sharing yours? What tends to shut you down?

Connect to God's story

Read Psalm 78:1-8.

What is the ultimate goal of listening to and sharing stories about the glorious and praiseworthy deeds of the Lord?

What is so important about sharing, telling, and even retelling the story of your journey with the Lord?

What do you think might keep us from sharing our story? What would help remove those barriers?

Examining your past can be troubling, painful, regretful, etc. and it can be very humbling to share your story.

Take a moment and **read 1 Peter 5:6-7**.

What does God do as we take the path of humility?

Why is it important to give your worries and cares to God? When pain is a part of our story, how comforting is it to know that your story matters to God? That He cares for you? How could this story be important for others to hear?

Read Matthew 11:28-30.

Have you come to Jesus with a teachable spirit? What do you think that would look like?

If you've found rest and a lighter burden by walking with Jesus, why would it be important to share your story of freedom with others?

Your story matters to God and to us so take a moment and go to rlc.pub/story - we're excited to see what you have to say!

We will tell the next generation about the LORD's praiseworthy acts, about his strength and the amazing things he has done...They will grow up and tell their descendants about them. Then they will place their confidence in God. They will not forget the works of God, and they will obey his commands.

THE PURPOSE OF LIFE GROUPS

Life Groups exist to promote spiritual maturity and personal growth through meaningful relationships with Jesus and each other through the study of God's Word (Romans 8:29 & Hebrews 10:24-25).

Here's how we accomplish this in our community throughout the week:

SHARE

Each week we'll take time to share what is happening in our lives. At first this sharing will include planned "sharing questions." But after the first few weeks, it will become more informal and personal as we feel more comfortable.

STUDY

Each week we'll study a section from God's Word that relates to the previous weekend's sermon or an appropriate personal growth topic. Our goal is to learn how to live out our Christianity in everyday life by following Jesus.

SUPPORT

Each week we'll learn how to take care of one another as Christ commanded (John 15:9-13). This care can take many forms such as prayer, encouragement, listening, challenging one another and meeting real needs.

SERVE

Spiritual growth is fostered not only by what we gain through the support and input of others, but also through service to others. The role each of us fills is important to the health of the church and for us to be the hands and feet of Jesus to the community in which we live (Ephesians 4:11-16).

Throughout the quarter, it is our hope that you can find and/or be affirmed in the ways God has designed you to serve and make a difference in God's kingdom!

Fall Session of Life Groups has begun. So, take that next step to sign up and join a group today! www.seekreallife.com/groups

- Psalm 87:4, 6-7 (NET)