

**A cereal story.**

Exodus 16 | Joshua 5:10-12 | Matthew 6

**We need to start over like a child.**

Matthew 18:2-7

**Your father knows your need.**

Matthew 6

- God's care for your need is motivated by love.
- God cares about your need every day.
- God's care for your need never stops.

**My need is a trust issue and that is always a heart issue.**

Exodus 16 | Matthew 6

**Generosity is heart development.**

2 Corinthians 9:11 | Proverbs 11:24-25 | Leviticus 27:30 | Malachi 3:10

- **Regular, consistent, heart of God.**

**When I am generous my :**

Philemon 1:6

- eyes open
- my heart opens
- my hands open

**My generosity is motivated by love.**

*Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus & His church by joining one today! [www.seekreallife.com/groups](http://www.seekreallife.com/groups)*

**Share your story**

What insight, question, or resolution did you discover from our time of worship together on Sunday?

As a kid, what worried you the most? What do you think of that fear now?

Where do you typically land on a scale of "Anxious 24/7" to "Not a care in the world"? Why do you think you fall where you do?

**Connect to God's story**

**Read Matthew 6:25-34.**

Why might we be tempted to think that worry adds value to our life?

What would happen if we refused to worry when it creeps into our mind?

What do you do with worry? Do you embrace it? Shun it? Etc.

### **Read Philippians 4:8-9.**

How could you use this passage to help discipline your mind?

How does what Paul wrote help us put into practice what Jesus taught in Matthew 6:33? What does it take for you to trust God like this?

### **Read Philippians 4:10-13.**

*Paul wrote this letter to the church in Philippi while in prison. Do you think you could grow to a place in life where you are thankful no matter what your situation?*

Through the journey, what was the source of Paul's strength? Have you ever experienced God's strength in the middle of a storm? If so, please share.

*These questions could bring to mind a part of your story that God's pressing on your heart to share. **Your Story Matters** and God could use it to strengthen our Real Life community. Please consider sharing your story today: [rlc.pub/story](http://rlc.pub/story)*

**“Steep your life in God-reality, God-initiative,  
God-provisions. Don't worry about missing out.  
You'll find all your everyday human concerns  
will be met.”**

**- Jesus in Matthew 6:33 (The Message)**

## **THE PURPOSE OF LIFE GROUPS**

*Life Groups exist to promote spiritual maturity and personal growth through meaningful relationships with Jesus and each other through the study of God's Word (Romans 8:29 & Hebrews 10:24-25).*

Here's how we accomplish this in our community throughout the week:

### **SHARE**

Each week we'll take time to share what is happening in our lives. At first this sharing will include planned "sharing questions." But after the first few weeks, it will become more informal and personal as we feel more comfortable.

### **STUDY**

Each week we'll study a section from God's Word that relates to the previous weekend's sermon or an appropriate personal growth topic. Our goal is to learn how to live out our Christianity in everyday life by following Jesus.

### **SUPPORT**

Each week we'll learn how to take care of one another as Christ commanded (John 15:9-13). This care can take many forms such as prayer, encouragement, listening, challenging one another and meeting real needs.

### **SERVE**

Spiritual growth is fostered not only by what we gain through the support and input of others, but also through service to others. The role each of us fills is important to the health of the church and for us to be the hands and feet of Jesus to the community in which we live (Ephesians 4:11-16).

Throughout the quarter, it is our hope that you can find and/or be affirmed in the ways God has designed you to serve and make a difference in God's kingdom!

***Fall Session of Life Groups has begun.  
So, take that next step to sign up and join a group today!***

[www.seekreallife.com/groups](http://www.seekreallife.com/groups)