

Luke 24:13-36

**What happens to my confusion, understanding, and misunderstanding when I encounter Jesus?**

**How do I gain understanding?**

Acts 8:30-35; Colossians 2:17; John 14:6

**Jesus helps me understand what I already know and what I am seeing and experiencing.**

**Understanding is an ongoing process.**

Matthew 11:28-30; Jeremiah 6:16

**There is a starting point to understanding, it is a relationship with Jesus.**

John 1:1

**Without the Spirit I cannot understand spiritual things.**

1 Corinthians 2:10-16

**The Question:**

What road am I on?

Who am I walking with?

**Action step**

- Learn from Jesus, learn of Jesus.
- Take your questions to Jesus.
- Look at the word together with Jesus and his Spirit.

*Welcome to the Spring Session of Life Groups! Many of our Life Groups use this insert as a discussion guide throughout the week. We encourage you to take that next step in your journey with Jesus and His church by joining one today! <https://rlc.pub/groups>*

**Share your story**

What insight, question, or resolution did you discover from our time of worship together on Sunday?

What is something you love about Spring? What is one thing you don't like as much about it?

**Connect to God's story**

**Read Luke 24:1-27.**

*The apostles didn't believe what the women told them. Why didn't they believe them? Peter goes to the tomb, sees, and goes away wondering to himself what had happened. What do you do when you have difficulty understanding what is happening and when everything seems like nonsense?*

*Jesus explains His identity to the disciples through the Scriptures. If this is how we can come to know Jesus, then what habits do you practice that help you get to know who Jesus really is?*

Do you see Jesus the same way today as you did when you first met Him? Why is it so important to look to Scripture to help us understand who God is? What will happen if we don't?

**Read Luke 24:28-49.**

Jesus explained who he is through Scripture but when did they finally recognize the one they were talking to was actually Jesus? What does it take for you to recognize Jesus today?

What does Jesus do to reveal to His disciples that His body was resurrected? What do you think about our lowly bodies one day being like His glorious body? That we will be actually and physically resurrected? (see: Philippians 3:20-21)

What will happen if we don't look to Scripture to grow in our understanding of who Jesus is? Have you ever made a "Jesus" that was different than He actually is? What has surprised you the most about Jesus as you've gotten to know Him?

Jesus talked about sending what the Father had promised - the Holy Spirit. (see: John 16:5-15) Why does experiencing the Holy Spirit help us move from knowing about Jesus to experiencing Him in our life today?

*Then Jesus opened their minds  
to understand the Scriptures.*

*- Luke 24:45 (NLT)*

**Real Life Prayer for 2021**

We have been on a journey together in 2020. We have prayed for a deeper, intimate, personal, and dependent relationship with all of God— Father, Son, and Holy Spirit

As we step into the new year let us build on all God has done, let us step boldly. Our word for Real Life church in 2021 is **impact.**

*Lord, have impact in my inner self.*

*Lord, have impact in my trust in you and obey your leading.*

*Lord, have impact in the words of life and hope you give me.*

*Lord, have impact in my family.*

*Lord, have impact in our community.*

*Amen.*

God has prepared us to be His light and life and to be an impact everywhere. Let the impact begin now!

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